



RCSI

RCSI DEVELOPING HEALTHCARE LEADERS WHO MAKE A DIFFERENCE WORLDWIDE

Title:	Sports Centre specialist
Department:	Student Services
Tenure:	One Year Part Time (14 hours)
Location:	26 York Street, RCSI, York Street
Reporting to:	Sports Centre Manager

As a **University of Medicine and Health Sciences**, the **Royal College of Surgeons in Ireland (RCSI)** is a degree-awarding health sciences institution specialising in medical and health sciences education, surgical training and research. As a global institution with undergraduate medical programmes in Dublin, Bahrain and Malaysia; Schools of Medicine, Pharmacy and Biomolecular Sciences, Physiotherapy, Postgraduate Studies and Nursing and Midwifery; and Leadership Institutes in Ireland and Dubai, RCSI has a broad international reach and the ability to unlock significant advancement for patient safety and clinical outcomes worldwide.

We are recruiting first class fitness professionals with a passion for Health and Fitness to deliver an outstanding experience for our students and staff across our fitness facilities.

Responsibilities of the post will include:

- Deliver a full range of member services including gym inductions, fitness programmes, programme reviews and fitness assessments.
- Deliver a range of group fitness classes including, but not limited to; Spinning, Circuits, exercise to music, Strength & Conditioning, Kettlebells, Toning and 'Bar to music' classes etc. These classes will be delivered online in addition to in person.
- To work in a front of house role and present a professional, five star welcome at all times to ensure that all users are welcomed to the gym in a friendly and professional manner.
- To be accountable for all start and end of day procedures and paperwork.
- Maintain the highest levels of professionalism at front of house and deal with all member queries quickly and efficiently.
- Maintain the highest standards of hygiene and cleanliness at all times.
- To establish and maintain a good relationship with all users.

- Enforce codes of conduct to ensure that usage and behaviour is not detrimental to the enjoyment of others.
- To assist in the setting up and dismantling of equipment for different activities and events.
- To be responsible for the safe handling, transportation, storage and maintenance of all centre equipment.
- Display a helpful and professional attitude at all times, ensuring you remain responsive to the needs of all users at all times.
- Ability to multi task under pressure
- To report any accidents or dangerous occurrences as soon as possible to the Sports Centre Manager or Health & Safety Manager.
- To be aware of all emergency procedures and assist in controlling emergency situations.
- Be smartly presented and be a model of healthy living that students and staff aspire to.
- Assist with routine safety inspections of all gym equipment, ensuring all equipment is maintained in a safe and working condition at all times and ensuring defective equipment is not used until repairs have been carried out.
- To ensure that all feedback received from users is appropriately recorded and reported to the Sports Centre Manager.
- Support the activities of the fitness studio and its activities as required.
- Complying with statutory legislation and department rules and requirements in furtherance of your own and general staff and student welfare and safety
- Representing the best interests of the Department and RCSI at all times
- Undergoing programmes of training and development as may be required from time to time.
- Performing such other duties as may be required from time to time.

Key Requirements/Competencies:

- Excellent IT skills
- Recognised Gym Instructor Qualification (e.g.: NCEF, ITEC, NCT)
- Personal Training Experience desirable.
- Team Player - works collaboratively with others to maximise individual and team effectiveness in order to achieve required service levels.
- Excellent interpersonal skills and customer focused.
- Learns quickly and responds effectively to changing customer needs and circumstances.
- Recognised First Aid qualification
- Understanding of working in a dynamic and culturally rich environment

- Nutrition qualification will be an advantage.
- Experience of working with sports clubs and teams will be an advantage.

What you bring to this role:

- Excellent communication skills (written and oral).
- Willingness to work early mornings, evenings and weekends.
- High level of conduct and professionalism.

Please Note:

This job description may be subject to change to reflect the evolving requirements of the Department and RCSI in developing healthcare leaders who make a difference worldwide.

Similar vacancies that arise in the next 6 months may be filled from the pool of applicants that apply for this position.

Employees are required to undertake 6 months service in their current role before applying for other internal opportunities, unless agreed in advance by the SMT representative.

RCSI is proud to be an equal opportunity employer and welcome applications from all suitably qualified persons regardless of their gender, civil status, family status, sexual orientation, religion, age, disability or race.

If you have any particular requirements for your interview, please notify the Human Resources Department at your earliest convenience.

Eligibility to work in Ireland is a requirement of this role. Proof of eligibility documentation will be required at a later date. Under limited and specific circumstances (research/ specialist roles) RCSI may be in a position to seek a hosting agreement and/or work permits